


DATES FOR YOUR DIARY	
<p><i>Happy Mother's Day to all the Mother's, Grandmother's, Great Grandmother's, Mother's to be, Foster Mother's and anyone with a Mothering role.</i></p>	<p>MAY THE LORD BLESS YOU WITH LOVE AND JOY ON MOTHER'S DAY AND ALWAYS. HAPPY MOTHER'S DAY!</p>
<p>Congratulations to all the children from Cliftonville Integrated Primary School and Bunscoil Bheann Mhadagain, who made their First Confession this week, here is Sacred Heart Church. "Celebrate and embrace the healing power of God's forgiveness!"</p>	
<p><b>Healing Mass.</b> Our monthly Healing Mass will take place on Saturday 5th April, at 11.00am. All are welcome to attend, especially those parishioners who are ill at this time.</p>	
<p><b>Sacred Heart Stitch &amp; Crochet Group</b> - will hold their annual sale of works in aid of Trócaire after each mass on 5th &amp; 6th April. Ballots will be available, along with Easter baskets, crocheted chicks, and more. Come along and show your support.</p>	
<p><b>Cappella Caeciliana</b> presents Worlds of Light in Clonard Monastery on Sunday 6th April at 5.30pm. Programme includes the Fauré Requiem with professional orchestra. Tickets £20 from <a href="http://www.caeciliana.org">www.caeciliana.org</a>, Clonard reception or Matchetts, Wellington Place. Students and under 25s free.</p>	
<p><b>Calling All Adorers of the Blessed Sacrament</b> in Down and Connor Diocese. National Eucharistic Adoration Pilgrimage to Knock on Sunday 6th April (5th Sunday of Lent) Full Bus details on <a href="http://www.eucharisticadoration.ie">www.eucharisticadoration.ie</a></p>	
<p><b>The Independent Monitoring Board</b> is a group of lay people from all sections of our community who wish to offer their time and expertise in the Monitoring of Prisons in Northern Ireland. As lead Catholic Chaplain can I encourage you to consider this role and apply. Fr. Stephen McBrearty. IMB members are unpaid public appointees, appointed by ministers to provide independent oversight of what happens in places of detention. It is a varied and rewarding role. You could be talking to a prisoner or detained person who is worried or vulnerable, who isn't able to access the support they need, or who needs help to sort out some practical problems. You will get to see and report on everything that happens behind the walls: what day-to-day life is like, whether there is enough education and training to help with rehabilitation, what support there is for the most vulnerable, how physical and mental health needs are met. <a href="https://www.justice-ni.gov.uk/news/board-opportunity-independent-monitoring-board-seeking-members">https://www.justice-ni.gov.uk/news/board-opportunity-independent-monitoring-board-seeking-members</a></p>	
<p><b>The Stations of the Cross will be prayed</b> every Friday at 9.30am during Lent.</p>	
<p><b>Holy Family Parish</b>, Mass will be celebrated at 7.15am Monday to Friday during Lent. All are welcome.</p>	
<p><b>Trócaire Lenten Boxes</b> are available at the back of the church. These should be returned on Holy Thursday.</p>	
<p><b>Easter Mass Bouquets</b> are now available from the office.</p>	
<p><b>Chatty Café.</b> Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa &amp; a chat.</p>	
<p><b>AA Meeting</b> upstairs in the Parish Centre every Monday &amp; Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)</p>	
<p><b>Narcotics Anonymous (NA)</b> meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p><b>Cocaine Anonymous (CA)</b> meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p><b>The Spred Group</b> meet every second Monday in the Parish Hall at 7pm.</p>	
<p><b>Ladies Pensioners Group</b> meets every Thursday in the Parish Hall at 1pm. All welcome</p>	
<p><b>The Stitch and Crocheting Group</b> meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.</p>	
<p><b>Lifeline-24hr</b> 7 days a week 0808 808 8000  <b>Samaritans</b> anytime night or day 116 123  <b>St Vincent De Paul</b> 028 90351561  <b>Cancer Lifeline</b> 028 90 351999  <b>AA</b> 02890351222</p>	<p><b>AI-Anon Family Groups</b> 028 9068 2368  <b>PIPS</b> 0800 088 6042  <b>Youth Education Health Advise</b> 02890 757 809  <b>Diocesan Safeguarding Officer</b> Philip O'Hara 07534 992 124</p>
<p><b>Sacred Heart of Jesus, I place all my trust in Thee</b></p>	



SACRED HEART PARISH

Sunday 30th March 2025  
4th Sunday of Lent  
MOTHERING SUNDAY



Priest: Kieran C.P.		Deacon: Joe Baxter	
		<p><b>Parish Office:</b> 1B Glenview Street, Belfast, BT14 7DP <b>Email:</b> <a href="mailto:sacredheart@downandconnor.org">sacredheart@downandconnor.org</a> <b>Phone:</b> 028 9075 1543 <b>Hours open:</b> 9am-2pm , Mon -Fri. <b>Parish Secretary:</b> Cathy Carroll <b>Sacristan:</b> Collette Delaney <b>Acolyte:</b> Thomas Liddy <b>Parish Webpage:</b> <a href="https://www.sacredheartparishbelfast.com">https://www.sacredheartparishbelfast.com</a> <b>Webcam</b> <a href="https://www.sacredheartparishbelfast.com/Webcam">sacredheartparishbelfast.com/Webcam</a></p>	
<p><b>~Mass Times~</b></p> <p><b>Saturday Vigil:</b> 6.00pm: Daniel McAnoy, Anniversary Mass</p> <p><b>Sunday Masses:</b> 9:30am: Maureen McMillan, Month's Mind Mass 11:30am: Laurence McGillan, Anniversary Mass</p> <p><b>Weekday Masses:</b> Monday 10:00am: Brendan Glover, Anniversary Mass Tuesday 7:00pm: Novena Wednesday 10:00am: Pray for the Harrison Family Thursday 10.00am: Friday 10:00am: Mark Catney, Anniversary Mass</p>		<p><b>Confessions &amp; Adoration:</b> Saturday: 5:00pm - 5.45pm. <b>Divine Mercy:</b> Friday 2:15pm, Exposition, Prayer and Confessions</p>	
<p><b>~Sacrament of Baptism~</b> Baptisms are held on the 1st &amp; 3rd Sundays of each month at 12.30pm. Please contact the parish office to arrange a baptism.</p>			
<p><b>~Upcoming Feast Days~</b></p> <p>1st April, <b>St Ceallach</b> 2nd April, <b>St Francis of Paola</b> 4th April, <b>St Isidore</b></p>	<p><b>~Recently Deceased~</b></p> <p>Isobel Simpson John McCabe Sean Winter Kerry Mallon</p> <p><i>Eternal rest grant unto them, O Lord</i></p>	<p><b>~Sanctuary Candles~</b></p> <p>Eddie &amp; Rachel Murphy Donor's Intentions Eamon Hamill Joe Skelly Maggie Skelly Nicola O'Neill</p> <p><i>A Donation of £5 per candle is greatly appreciated</i></p>	
<p><b>~Weekly Collection~</b></p> <p><b>£1007.84</b></p> <p>Thanks You For Your Generosity <b>NEW OFFERTORY ENVELOPES ARE AVAILABLE FROM THE OFFICE</b></p>	<p><b>~Anniversaries~</b></p> <p>John Paul Mahony</p> <p><i>Eternal rest grant unto them, O Lord</i></p>		
<p><b>~Baptisms~</b> <b>Welcome into our Community</b> Liam James O'Neill</p>			
<p><b>~A Spiritual Communion~</b> Jesus, I believe that you are present in the <b>Most Blessed Sacrament</b>. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.</p>			
<p>The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God. ( Micah 6:8)</p>			